



**AGM AND INFORMATION DAY**  
**SATURDAY 27<sup>th</sup> April 2019**  
**Medical Education Centre – Level 6**  
**St Mark's Hospital, Northwick Park,**  
**Watford Road, Harrow, Middx HA1 3UJ**

<b>TIME</b>	<b>PRESENTATION</b>
10:00-10.30	Registration with tea/coffee and biscuits
10.30-10.50	Welcome and AGM
10.50-11.00	<b>Personal reflections on the Red Lion group 25 years on</b> Dr. Martin Peters, Pouchee and first Chairman of the RLG
11.00-11.10	<b>My parallel journeys – pouch and RLG</b> Tim Rogers, Founder RLG member, first editor of ROAR! And still on the committee after all these years!
11.10-11.40	<b>Modern developments in Pouch Surgery</b> Professor Omar Faiz, Consultant Colorectal Surgeon and Clinical Director at St. Mark's Hospital
11.40-12.10	<b>Pelvic floor perfection and the importance of proper emptying</b> Ellie Bradshaw, Lead Nurse, Biofeedback Dept.
12.10-13.15	Lunch – a selection of sandwiches and cakes
13.15-13.45	<b>Long term medical issues with a pouch/UC</b> Dr Jonathan Segal – Medical Research Fellow
13.45-14.15	<b>Diet and your pouch</b> Gabriela Poufou, Dietician, St. Mark's
14.15-14.45	Tea and coffee break
14.45-15.55	<b>Personal pouch journeys and workshops</b> 1) Female pouch issues Theresa Parr 2) Male pouch issues Chris Browne 3) Pouch family and friends Gill White
15.55-16.00	Evaluation and close

Please contact Susan Burrows – Membership Secretary [info@pouchsupport.org](mailto:info@pouchsupport.org) or 01727 869709 for membership form or visit the Red Lion Group website [www.pouchsupport.org](http://www.pouchsupport.org)