



# **Annual General Meeting**

## **10 August 2023**

Covering years 2021-2022 and 2022-2023

### **Agenda**

Chairman's annual report  
Presentation of accounts and vote to adopt  
Election of new Trustees  
Close



# Chairman's annual report

## David Davies

# What we do

- Provide information, support & guidance to the national & international pouch community
- Backed up by the clinical excellence at St Marks Hospital
- Support research into improving pouch & gut health

# Membership

RLG charity: 442 registered members

J pouch support: 1,370 members

[pouchsupport.org](http://pouchsupport.org): 114,000 views since 2018  
Number 1 on Google

Website views: 141 countries

Countries	Views
 United Kingdom	23,952
 United States	3,581
 Germany	735
 Australia	652
 Canada	589
 Ireland	369
 Italy	188
 Greece	169
 Portugal	158
 France	158

Top 10 Countries by Views - 2022



Membership secretary and  
IT guru Gary Bronziet

# Migration to online communications & delivery

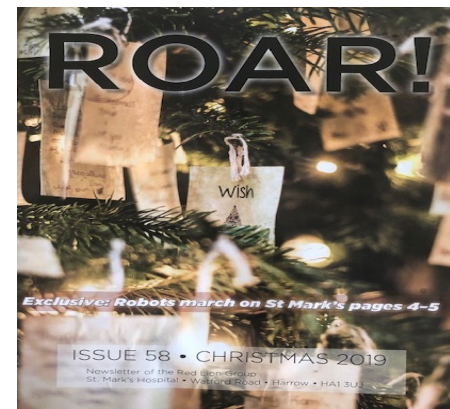
- Fabulous website; busy, high quality news flow with professional presentation
- J-pouch support (UK specific) FB feed
- Successful series of webcasts by pouch experts
- RLG YouTube channel
- Video interviews with Mr Hammond
- Successful, popular monthly pouch forums

# More achievements

- Two annual editions of Roar!
- Deeper links with the UK pouch community
  - Kangaroo Club, IA pouch sub-group, Kingston Trust
- Deeper links with St Marks Hospital pouch experts
- £8k donation made to pouch-related research in 2021/2
- £3k contribution received from clin res organization 2021
- Can't wait card plus GP pouch information leaflet



RLG AGM 2023



# Award winning pouch nurse specialists!



# Treasurer's report

Financial years 2021 & 2022



Jim Symington

# Financial highlights 2022

	2020	2021	2022
Income	£3,246.00	£7,376.87	£9,489.33
Gift Aid	£0.00	£0.00	£347.00
Sponsorship	£0.00	£0.00	£825.14
Donation made	£1,000.00	£5,000.00	£3,000.00
Expenditure	£2,219.00	£2,208.20	£3,447.29
Surplus	£26.00	£169.00	£23.25
Cash at bank	£6,582.00	£6,751.00	£9,793.17

- Good financial picture: Increasing income, low costs
- Consistent donations to support research at St. Marks Hospital
- Bank reserves will cover more than a year's expenditure
- Accounts independently verified by Mr Derek Martin, ACA

# Income and Expenditure

	2020	2021	2022
Income:			
Donations / Subscriptions	2275	2848.76	3793.94
Large donations/Bequests	733	1084.5	4500
AGM	0	0	0
Tax recovered on Gift Aid	230.51	0	347
Sponsored activities	0	442.57	825.14
Research Fee	0	3000	0
Bank interest received	7.04	1.04	23.25
Total Income	3245.55	7376.87	9489.33
Expenses:			
Printing & postage Roar	1731.11	1651.84	2724.28
Cost AGM & meetings	408.95	0	0
Printing, postage & stationery	0	0	108.96
Insurance	0	438.65	480.4
Travel expenses	0	0	0
Website fees	36	0	133.65
Other	43.26	117.71	0
Total Expenses	2219.32	2208.2	3447.29
Excess of income before donation payment	1026.23	5168.67	6042.04
Donations to research	1000	5000	3000
Surplus/deficit after donation payments	26.23	168.67	3042.04

# Bank Balance

## As at 31<sup>st</sup> December

	2020	2021	2022
Bank Current account	£132.36	£176.73	£57.19
Bank Reserve account	£6,450.10	£6,574.40	£9,735.98
Total Bank accounts	£6,582.46	£6,754.40	£9,793.17

# Notes to the accounts

- Volunteer Trustees and low costs – tiny budget
- Donations have a disproportionate effect – if you have ideas for sponsorship or fund-raising, we can help!
- Quality and depth of services have improved with migration to online delivery
- Consistent donations on behalf of the Membership to St Marks for pouch-related research
- Robust financial processes in place, exceeding requirements for a charity of this size

# Member vote to accept the accounts 2021 & 2022

- Members to **accept the accounts & auditor (independent verifier)**
- Proposer, seconder, vote

# Transition from an Association of Members to a Charitable Incorporated Organisation (CIO)

- CIO - new entity from Charity Commission
- Provides liability protection for Trustees
- Avoids the need for costly insurance
- Process:
  - New Constitution (approve and lodge with CC)
  - Proposal to delegate task to the Trustees
  - Bank account considerations

# Committee

David Davies	Chairman
Gary Bronziet	Membership Secretary, IT
Christopher Browne	Roar editor
Michelle Martin	Trustee
Sinead Mannion	Secretary
Theresa Parr	Trustee
David Skinner	Liaison officer
Jim Symington	Treasurer
Co-optees:	
Zarah Perry-Woodford Rali and Petya Marinova	Consultant pouch nurse specialist Pouch nurse specialists

Elected for a three-year period at EGM September 2021 (to 2024)

# Election of new Trustees

- Co-opted during 2021:

Andrew Millis	Returning Trustee
Laurence Rae	Ex Chairman IA pouch subgroup

- Members to vote to accept this proposal
- Proposer, seconder, vote

# Questions?



**RED LION**  
Pouch Support

The Red Lion Group (RLG) is a national support group and charity for people who have had, or are considering, ileoanal pouch surgery.

RLG is based at St Mark's Hospital, London, and draws its members from throughout the UK and overseas.

RLG helps and supports patients and their families before, during and after surgery.

RLG has a vibrant and state-of-the-art website, the largest UK-based Pouch Facebook group and a YouTube channel with videos from prominent surgeons and pouchcare specialists.

RLG raises funds for valuable pouchcare research and has a high quality colour magazine, *Roar!*, with up-to-date articles on key pouchcare topics and issues.

contact us

- info@pouchsupport.org
- pouchsupport.org
- @PouchRed
- J Pouch support (UK specific)
- @PouchSupport

