



**Annual General Meeting
25 June 2024
For the financial year 2023**

Agenda

Chairman's annual report
Treasurer's annual report
Vote to accept accounts & independent verification
Vote to adopt the new RLG Constitution
Vote to re-elect Trustees
Questions



Chairman's report



David Davies

What we do

- Provide information, support & guidance to the national & international pouch community
- Backed up by the clinical excellence at St Mark's Hospital
- Support research into improving pouch & gut health

Membership

RLG charity: 500+ registered members

J pouch support: 1,538 members

pouchsupport.org: 166,000 views since 2018
Number 1 on Google

Website views: 160 countries

< Stats Countries	
Country	Views
 United Kingdom	30.9K
 United States	8,132
 Australia	1,220
 Canada	1,179
 Ireland	605
 India	429
 Germany	383
 Netherlands	304
 Greece	290
 New Zealand	273

Top 10 Countries by Views - 2023



Membership secretary and
IT guru Gary Bronziet

Continued excellent online communications & delivery

- Fabulous website; busy, high quality news flow with professional presentation
- J-pouch support (UK specific) FB group with 1,555 members
- Series of six webcasts by pouch experts
- RLG YouTube channel
- Successful, popular monthly pouch forums

J-pouch support Facebook group



Website “hits” per month

All-time insights

Total views

Months and years

Average per day

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
2018				28	878	685	1.1K	891	875	1.2K	622	692	6,988
2019	1.1K	1.1K	1.4K	1.4K	1.5K	541	575	682	754	826	431	429	10,751
2020	872	1.1K	1.0K	856	1.4K	2.0K	1.1K	1.5K	1.3K	1.0K	1.3K	999	14,504
2021	1.5K	1.6K	1.6K	1.3K	2.2K	2.1K	1.9K	2.1K	2.1K	1.9K	3.5K	2.3K	24,233
2022	2.5K	2.7K	2.6K	2.5K	1.6K	2.0K	3.5K	3.3K	2.5K	3.3K	3.8K	2.9K	33,009
2023	5.5K	3.8K	4.4K	4.1K	3.4K	3.0K	3.0K	3.8K	3.8K	3.9K	4.8K	4.0K	47,443
2024	5.3K	5.2K	5.7K	5.7K	5.5K	1.5K							29,036

Fewer Views



More Views

Countries of the world accessing the website

Stats for All Time

Day Summary

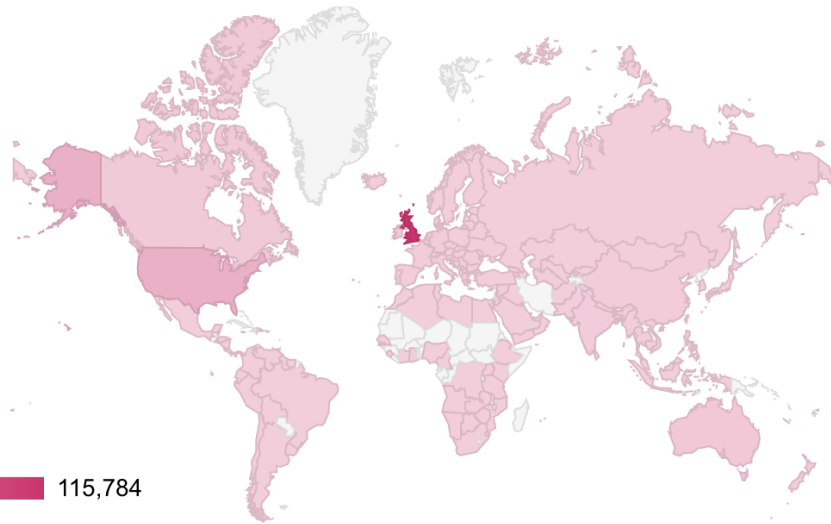
7 days

30 days

Quarter

Year

All Time



1 115,784

Countries

Views



United Kingdom

115,784



United States

22,887

More achievements

- Two annual editions of Roar!
- Attendance by 3 Trustees at the IBD World Day at CMH open day
- Deeper links with the UK pouch community
- £5k donation made to pouch-related research in 2023



Award winning pouch nurse specialists!



Treasurer's report

Financial year 2023



Haresh
Ruparelia

Financial Summary 2023

	2023	2022
Total Income	£5,798	£9,489
Regular Donations	£4,027	£3,794
Large Donations	£500	£4,500
Research Fees	£1,000	£0
Gift Aid	£0	£347
Fund-Raising	£0	£825
Expenditure	£2,720	£3,447
Surplus Before Donations	£3,079	£6,042
Donation to St. Mark's	£5,000	£3,000
Cash at Bank	£7,872	£9,793
Available Fund	£5,948	£8,393

- Stable financial picture
- Regular donations remain steady
- Significantly reduced large donations and fund-raising income
- Expenditure involved ROAR! printing and insurance only
- Increased donation to research St. Mark's hospital
- Bank reserves will cover more than a year's expenditure
- c£1900 of Expenses incurred but not yet paid hence Available Fund at year end is less than Cash at Bank

Income, Expenses & Donations 2023

	2023	2022
Income:		
Donations	4,027.36	3,793.94
Large Donations/Bequests	500.00	4500
AGM	0	0
Tax recovered on Gift Aid	0	347
Sponsored Activities	158.40	825.14
Research Fee*	1,000.00	0
Bank Interest received	112.81	23.25
Total Income	£5,798.57	£9,489.33
Expense		
Printing & Postage Roar	2,219.40	2,724.28
Cost AGM & meetings	0	0
Printing, Postage & Stationery	0	108.96
Insurance	500.40	480.40
Travel Expenses	0	0
Website fees	0	133.65
Other	0	0
Total Expense	£2,719.80	£3,447.29
Surplus Income Before Donations	£3,078.77	£6,042.04
Donations (St. Mark's)	£5,000.00	£3,000.00
Surplus/deficit After Donations	-£1,921.23	£3,042.04

Balance Sheet At Year End 2023

	2023	2022
Bank Accounts		
Current Account	1,101.19	57.19
Bank Reserve Account	6,770.75	9,735.98
Total	£7,871.94	£9,793.17
Represented by:		
Balance brought forward on 1st January	£9,793.17	6,751.13
Add surplus/subtract deficit for the year	-1,921.23	3,042.04
Balance carried forward on 31st December	£7,871.94	£9,793.17
Note: Expenses yet to be paid at y/e		
ROAR! Dec	1,423.74	900.00
RLG T-Shirts	500.00	500.00
Total	£1,923.74	£1,400.00
Available Fund at y/e	£5,948.20	£8,393.17

Notes to the accounts

- Volunteer Trustees and low costs – tiny budget
- Costs tightly controlled
- Dip in total income due to lower large donations and fund-raising income
- Increased donation this year to St Mark's for research - £5000.
- Sufficient cash to cover a year's costs.
- Robust financial processes in place, exceeding requirements for a charity of this size.

Member vote

- Members to accept the 2023 accounts & to progress the audit (independent verifier)
- Proposer, seconder, vote

Transition from an Association of Members to a Charitable Incorporated Organisation (CIO)

- CIO – Transition voted AGM 2022
- Trustees wish to progress in 2024
- Process:
 - New Constitution (approve and lodge with CC)
 - New bank account (new legal entity)
 - New charity (“Red Lion Group”) set up at CC
 - Transition from existing RLG to new RLG

New Constitution based on the model constitution required by the Charity Commission

- Proposed Constitution circulated with AGM documentation to all Members
- The same charity objectives and substantially the same clauses as the previous Constitution
- Same voting process, same Trustee re-election, same quorum rules, same number of trustees, same powers over resources etc

Member vote

- Members to accept the new Constitution as an essential requirement for transition to a CIO
- Proposer, seconder, vote

Committee 2023

David Davies	Chairman & trustee
Gary Bronziet	Membership Secretary, IT & trustee
Christopher Browne	Roar editor & trustee
Michelle Martin	Trustee
Sinead Mannion	Secretary & trustee
Theresa Parr	Trustee
David Skinner	Liaison officer & trustee
Haresh Ruparelia	Treasurer
Laurence Rae	Trustee
Andrew Millis	Trustee
Zarah Perry-Woodford Rali & Petya Marinova	Consultant pouch nurse specialist Pouch nurse specialists

Elected for a three-year period at EGM September 2021 (to 2024)

Member vote

- Members to re-elect the Trustees for a three-year term 2024-2027
- Proposer, seconder, vote

Questions?

