



DRAFT 5: Please email info@kangarooclub.org.uk to sign up

Charity Number: 1104497 website: www.kangarooclub.org.uk

Information Day - Saturday 16th October 2021

To be held at Jury's Inn, Godstow Road, Oxford OX2 8AL

- From 10:00 Registration, with Coffee on Arrival
- 10:30 **Welcome, Domestics and Introduction** - Laura Dunn, Kangaroo Club Chairman
- 10:45 **The Pathogenesis and Treatment of Inflammatory Bowel Disease** - Dr Oliver Brain, Consultant Gastroenterologist, OUH NHS Foundation Trust
- 11.15 **An Update on Pouch Surgery and Subsequent Monitoring** - Mr Bruce George, Consultant Colorectal Surgeon, OUH NHS Foundation Trust, and Kangaroo Club President, with Ms Kat Baker, IBD Surgeon, OUH NHS Foundation Trust
- 11.45 Brief Break
- 11.55 **Thoughts of the Pioneers** - Mr Michael Kettlewell, Retired Consultant Colorectal Surgeon, OUH NHS Foundation Trust, and Professor Derek Jewell, Emeritus Fellow of Green Templeton College and Professor Emeritus of Gastroenterology, University of Oxford.
- 12.20 **Dietary Advice** - Lisa Vokes, Dietician in Gastrointestinal Nutrition and IBS, OUH NHS Foundation Trust
- 12.50 **Lunch** - and an opportunity to meet and chat with other pouch owners and their partners
- 13.30 **Kangaroo Club Update and AGM**
- 13.40 **Pharmaceutical Advice** - Sarah Blackwell, Gastro-Pharmacist, OUH NHS Foundation Trust
- 14:10 **Brief break**
- 14:20 **Pilates Exercises for Good Pouch Function** - Beverly Chandler, Certified (Level 4) Therapeutic Pilates Instructor
- 14.50 **Nursing Pouch Support** - Fran Woodhouse and Simon Turley, Senior Specialist Nurses, Colorectal Nursing Team, OUH NHS Foundation Trust
- 15.20 **Question and Answer Session** - Fran Woodhouse and Simon Turley - Led by Angie Perrin, Clinical Education Lead, Salts Healthcare
- 16:00 **End**