



**DRAFT 5: Please email [info@kangarooclub.org.uk](mailto:info@kangarooclub.org.uk) to sign up**

Charity Number: 1104497      website: [www.kangarooclub.org.uk](http://www.kangarooclub.org.uk)

**Information Day - Saturday 16<sup>th</sup> October 2021**

**To be held at Jury's Inn, Godstow Road, Oxford OX2 8AL**

- From 10:00      Registration, with Coffee on Arrival
- 10:30              **Welcome, Domestics and Introduction** - Laura Dunn, Kangaroo Club Chairman
- 10:45              **The Pathogenesis and Treatment of Inflammatory Bowel Disease** - Dr Oliver Brain, Consultant Gastroenterologist, OUH NHS Foundation Trust
- 11.15              **An Update on Pouch Surgery and Subsequent Monitoring** - Mr Bruce George, Consultant Colorectal Surgeon, OUH NHS Foundation Trust, and Kangaroo Club President, with Ms Kat Baker, IBD Surgeon, OUH NHS Foundation Trust
- 11.45              Brief Break
- 11.55              **Thoughts of the Pioneers** - Mr Michael Kettlewell, Retired Consultant Colorectal Surgeon, OUH NHS Foundation Trust, and Professor Derek Jewell, Emeritus Fellow of Green Templeton College and Professor Emeritus of Gastroenterology, University of Oxford.
- 12.20              **Dietary Advice** - Lisa Vokes, Dietician in Gastrointestinal Nutrition and IBS, OUH NHS Foundation Trust
- 12.50              **Lunch** - and an opportunity to meet and chat with other pouch owners and their partners
- 13.30              **Kangaroo Club Update and AGM**
- 13.40              **Pharmaceutical Advice** - Sarah Blackwell, Gastro-Pharmacist, OUH NHS Foundation Trust
- 14:10              **Brief break**
- 14:20              **Pilates Exercises for Good Pouch Function** - Beverly Chandler, Certified (Level 4) Therapeutic Pilates Instructor
- 14.50              **Nursing Pouch Support** - Fran Woodhouse and Simon Turley, Senior Specialist Nurses, Colorectal Nursing Team, OUH NHS Foundation Trust
- 15.20              **Question and Answer Session** - Fran Woodhouse and Simon Turley - Led by Angie Perrin, Clinical Education Lead, Salts Healthcare
- 16:00              **End**